

# Atlantic Crossroads

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*April is Child Abuse Prevention Month* See pages 6-7



# PERSPECTIVE



## Letter to Airmen

**Michael W. Wynne**  
Secretary of the Air Force

12 Apr 06

### Education and the Airman

As the most technologically superior and powerful Air Force in the world, we are all aware that we must maintain our intellectual superiority with lifelong education for all Airmen – officer and enlisted. But this marks only the beginning.

As an expeditionary force, we find ourselves deployed to foreign countries with increased responsibilities in new mission areas. To ensure success, we need to go beyond our typical Air Force and Joint Force warfighting skills. Therefore, I am spearheading refined initial and developmental education for all ranks. You will see Basic Military Training increased by 2 ½ weeks to ensure our new Airman enter our Air Force battle ready. Officers will see changes such as cultural and language classes added to their curriculums. These are just a few of the additions that will be critical to our overall Force Development construct.

Understanding different languages and different cultures is especially important in the Global War on Terror, where we work with many coalition partners in distant lands. In that regard, I was inspired by the innovative Airmen I met during my recent trip to PACAF. In Misawa, I had breakfast with some Airmen who had just returned from an AEF deployment. Due to their established relationship with the Japanese, they were able to work side-by-side with Japan Air Self-Defense Force members a world away in Kuwait.

We must take the Air Force's basic educational foundation to the next level and be relentless in our continued pursuit to become knowledge-enabled Airmen. All Total Force Airmen have the opportunity to incorporate higher education into their development, through Air Force sponsored degrees, the Community College of the Air Force, or with tuition assistance for civilian institutions.

Make education a priority throughout your career, and doors will continue to open. Your achievements will become a part of your record of success for all evaluations.

Developing people to lead the world's best air, space and cyberspace force takes the personal commitment of all Airmen—a commitment to focus on developing ourselves and encouraging our fellow airmen—to learn as much as possible about the complexities of our profession of arms. I am committed to supporting you as you take on these new challenges.

In the words of former President John F. Kennedy, we must "...think of education as the means of developing our greatest abilities, because in each of us there is a private hope and dream which, fulfilled, can be translated into benefit for everyone and greater strength for our nation." I am extremely proud of your contributions to protecting America. Your continued education will help our country strong for decades to come.

Michael W. Wynne

## Commander's Line

The Commander's Line is your direct link to me for suggestions, kudos and as a way to work problems or issues within the 65th Air Base Wing for which you can't find another solution.

Your chain of command should always be your first option for praise or problems -- but when that's not the answer, call or e-mail the CC Line at **535-4240** or [actionline@lajes.af.mil](mailto:actionline@lajes.af.mil).

-Col. Robert Winston  
65th Air Base Wing  
commander

## Straight Talk Line

The number to the Lajes Field Straight Talk Line is **535-3542** or **295-573-542**.

This line is updated during emergencies, Force Protection Condition changes and more.

All personnel are encouraged to keep this number for access to important base information.

For more information on the Straight Talk Line, call 535-2369.



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## Contact wearers at risk for fungal eye infections

In March the Center for Disease Control noticed an increase in the number of rare but serious fungal eye infections in soft contact lens wearers.

This fungal infection may cause permanent vision loss.

The infection first began in Asia but has now been reported in 17 different states.

Currently, no cases have been found at Lajes.

The CDC is investigating Renu with MoistureLoc, a multi-purpose cleaning solution, as a possible cause for the infection. This product has been pulled from the BX and Commissary until the results of the investigation are complete.

To reduce risk of infection, contact lens wearers should:

- Wash their hands with soap and wa-

ter and dry them before handling the lenses

- Wear and replace lenses according to the schedule prescribed by the doctor
- Not sleep in contact lenses
- Not put contact lenses in their mouth
- Keep contact lens case clean and replace every 3-6 months
- Regardless of the contact cleaning/disinfection solution used, use a "rub and rinse" lens cleaning method, rather than a no rub method
- Remove lenses and contact the optometry clinic at 535-3554 immediately if eyes become red, irritated, or vision changes.

*(Courtesy of the 65th Medical Operations Squadron)*



## Everyday Hero

**Name/Rank:** Tech. Sgt. Bill Rathbun

**Organization:** 65th Air Base Wing Safety Office

**Duty title:** Ground Safety Manager

**Job description:** Manages base-level ground safety program in accordance with applicable Air Force and command directives. Trains and advises unit safety personnel along with conducting inspections and surveys of base facilities and operations to identify potential mishaps.

**Hometown:** West Greenwich, R.I. (Biggest Little State in the Union)

**Time in the Air Force:** 18 wonderful years

**Spouse/children:** Just one spouse of 18 years and three teenage daughters

**What's the best aspect of your job?** Helping people and doing something different everyday

**What are your career goals?** To be all I can be (in blue) and to pass on the positives and learn from the negatives

**Best military experience:** The last 18 years

**Life goal(s):** To have fun doing what you like to do. Is the Senior PGA tour out of the question?

**One word to describe you:** Discipline

**Hobbies:** Anything and everything to do with SPORTS.

**Favorite food(s):** Whatever I feel like making

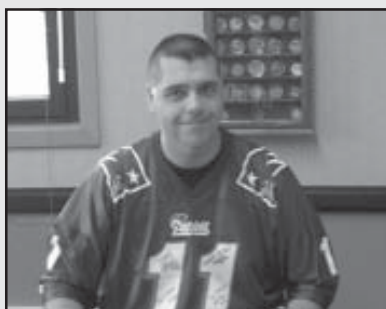
**Favorite color:** Whatever color I see first when I wake up in the morning

**Pet peeve:** Lazy people who have accountability weaknesses

**No one knows:** I drove the 1996 Olympians around Atlanta during the infamous bombing at Centennial Park

**When I was growing up, I wanted to be:** Marine or MLB Player

**The first thing I would do if I won \$1,000,000 is:** Check my pulse!



**Tech. Sgt. Bill Rathbun**

## Customer College graduates

Below are the names of the most recent Customer College Bachelors Class graduates from the April 11-13 class:

Tech. Sgt. Allen Schmelzer, 65th Contracting Squadron; Staff Sgt. Charles Klode, 65th Communications Squadron; Roberto Martins, Defense Commissary Agency; Senior Airman Christopher Deering, 65th CS; Senior Airman Kelsey Lovejoy, 65th Logistics Readiness Squadron; Staff Sgt. Cheick Bah, 65th Medical Operations Squadron; Staff Sgt. Brian Wray, 65th MDOS; Staff Sgt. Clay Thompson, 65th MDOS; Lisa Casterline, 65th Air Base Wing; Staff Sgt. Marilyn Morales-Perez, 65th Security Forces Squadron; and Staff Sgt. Vernon Rogers, 65th Services Squadron.

William "Rene" Arnold, 65th CONS, was the distinguished graduate.

## Good to Know

### Commissary closes early Saturday

The commissary's annual formal inventory is scheduled for Saturday. The store will close at 2 p.m. It will reopen Monday.

### Housing Pride Day

Free flowers, shrubs, fertilizer and other items are available for housing residents in Bldg. T-521, Housing Self Help today and tomorrow from 8 a.m. to 4:30 p.m. in honor of Earth Day. For more information, call 535-6846.

### Clinic phone system

The clinic now has an Automated Call Distribution phone system. To call the clinic, dial 535-3261 on base or 295-57-3261 from off base.

- Press 1 for all appointments
- Press 2 for Dental
- Press 3 for Life Skills

Press 4 for the Referral Management Center and Medical Records

Press 5 for all clinics and other services. The Medical Group asks customers to be patient during the transition period.

### Shuttle service

A mid-day shuttle service runs from 11 a.m. to 1 p.m. Monday through Friday. Its seven stops occur in the following order: T-708 (Fuels/Flight Kitchen), T-612 (passenger terminal/Communications Squadron), T-166 (lodging), T-131 (dorm), T-415 (clinic/dining hall), T-570 (Civil Engineer Squadron), and T-815 (Security Forces Squadron). After the last stop, the bus continues in reverse order for four trips.

### Cabo TV service

The PT store at the Portuguese Terminal now makes contracts for the Portuguese cable company, Cabo TV Acoreana. Individuals interested in subscribing to the Portuguese cable service need to stop at that office to sign a contract. They are open 8:30 a.m. – noon and 1-5 p.m. For more information call 295-572209.

## Chapel charities closet helps those in need

By Staff Sgt. Christin Michaud  
65th ABW Public Affairs

The chapel charities closet is looking for donations of almost anything and everything while Lajes personnel spring clean and prepare for PCS season.

The closet, located in Bldg. T-1571C (Beira Mar family housing) is a good spot for people to drop off unwanted items except food and furniture, every Saturday from 11 a.m. to 1 p.m.

Master Sgt. Michele McCullough-Cruz has been running the program for the past two and a half years, and said the best part of donating to chapel charities is that the items go to a viable cause.

In the past, items from the chapel charities closet have helped fire victims here on base as well as off base.

Other organizations that benefit from the program are the local orphanages, handicap home and social services.

In addition to regular household items, the program also has a bike closet where people can donate their old bikes.

One of the recent Airman Leadership School classes took on the bike closet and helped refurbish 10 bikes as their community service project – cleaning and making them operational for someone else, said Sergeant McCullough-Cruz.

Weekly, closet coordinators wash, organize and box donated items. Boxed items are delivered to community organizations on a rotating basis. Each load averages 500 pounds worth of goods, including clothes, shoes and household items.

It's one way for Lajes to give back to the community.

For Sergeant McCullough-Cruz, donating her time to this worthwhile cause because she knows people are in need and she has been blessed in her life. "I'm able to give back," she said, "so I do."

"Without the people who donate, I wouldn't be able to make these runs," said Sergeant McCullough-Cruz.

"We'll take anything and everything," she stressed. "Because that is exactly what we need."

The closet is also in need of boxes to package the items. Anyone who has recently PCS'd and has boxes can call Sergeant McCullough-Cruz at 535-3705.



Items donated to the Chapel Charities Closet are boxed and distributed to organizations in need. (Photo by Staff Sgt. Christin Michaud)



*ALI BASE, Iraq — Staff Sgt. Brian Tonnancour, a 407th Expeditionary Civil Engineer Squadron Rescue Air Mobility Squad member from Lajes Field, Portugal; Army Staff Sgt. Michael Petrelli, Company C, 3rd Battalion, 126th Aviation Regiment; and Senior Andy Gerdeman, 407th ECES RAMS, treat an injured troop during a joint exercise at Ali Base, Iraq, recently. (U.S. Air Force photo by Staff Sgt. Bradley Church)*

## RAMS provides quick reaction rescue capability to remote locations

**By Master Sgt. Jon Hanson**  
407th Air Expeditionary Group  
Public Affairs

ALI BASE, Iraq — Most seasoned firefighters have worked auto accidents where they had to cut out an injured person after a wreck. This can be quite different in a combat zone off a military installation.

On the military installation it is normal business, but if the accident happens off the installation it requires different procedures.

From the logistics of how to get to the scene and how to handle it means extra training and coordination.

Here at Ali Base, this responsibility goes to the 407th Expeditionary Civil Engineer Squadron's Rescue Air Mobility Squad. The RAMS unit consists of 20 firefighters specially trained in auto extrication and combat skills, which includes close quarters marksmanship, convoy duty and other specialized functions.

Because of the specialized training, the RAMS unit conducts exercises with the Army medevac unit here to practice their rescue procedures every couple months.

The latest training occurred April 3

during four day and night operations involving auto extrication at a simulated off-base accident.

Each exercise kicked off with the fire department receiving a call of a vehicle accident involving American forces off-base. The RAMS team grabbed their gear and drove to the waiting helicopter for the flight to the accident scene.

"By the time the telephone call is made, we have 15 minutes to get into the air," said Senior Master Sgt. Randy Eppley, 407th ECES Fire Chief, who is deployed here from the Vermont Air National Guard. "Our goal at the fire department is to be on the helicopter in eight minutes."

Each flight consists of four RAMS firefighters and a medevac crew consisting of pilot, co-pilot, two crew chiefs and one medic from the Army's Company C, 3rd Battalion, 126th Aviation Regiment.

These self-sufficient firefighters cover all vehicle accidents south of Baghdad.

Since November they have responded to four calls where they have landed at an accident scene off base to cut people out of vehicles.

"Most of the guys are EMTs (Emergency Medical Technicians) and the victims are under our care while they are in

the vehicle," said Staff Sgt. Vance Vansteel, a firefighter and RAMS member from Travis Air Force Base, Calif. "Once they are out they go under the care of the Army medic."

One major difference between auto extrication with a RAMS team and a regular fire department is the RAMS team has to be self sufficient and bring the bare essentials they think they might need.

"You are on your own and can't call for backup when on the scene," said Tech. Sgt. James Ralls Sr., a reservist deployed here from Travis AFB, Calif. "Our job is a tough one, but the rewards in saving lives is worth the effort."

In this exercise the scenario had at least one injured person trapped in a vehicle in a remote area off base. The RAMS members had to cut the doors off the vehicle and assist the Army medic with emergency care before moving the person to the helicopter and then to the hospital.

"Overall the exercise was outstanding," Sergeant Vansteel said. "This training helps all RAMS personnel and medevac crews to not only work together as a team but it keeps us proficient on all assigned tasks required to complete the mission."





## Child Abuse Prevention Month

# Little victims, big world of hurt

**By Staff Sgt. Christin Michaud**  
65th ABW Public Affairs

The day I gave birth to my son was the most magical day of my life.

The days and weeks that followed were amazing.

Our time together after he was born was very special to me, but after taking my maternity leave and adding on some of my ordinary leave, it was time to go back to work.

When I returned to the office, my son started at a family child care provider while we waited for a slot at the child development center.

He was only 3 months old at the time. Like all infants, he learned quickly that crying was the only way he could communicate to get attention.

One day when I was visiting him on my lunch hour, his provider said he was really fussy and had been crying all morning. She told me that now she understood how parents could get frustrated and beat their children. She must have seen the horrified look on my face because she immediately followed up with, "not that I could ever hurt a child."

Although my son will be 2 soon, I still count his age in months and he is still and always will be my baby -- how could anyone want to hurt my baby?

Kyle is old enough now to tell me if something hurts or why he is sad, but I remember the days when his only way to communicate with me was to cry. Sometimes as a parent, that's stressful.

He's also mastered the word "no,"

and that can be frustrating too.

"That's what 2-year olds do," explained Capt. Eddrina Miller, 65th Medical Operations Squadron family advocacy program, "they say no."

I'm convinced my son waits to get sick until my husband is TDY. These are the times he wakes up in the middle of the night and wants to be held. He'll fall back asleep if I'm standing up while holding him, but as soon as I try to sit down, he wakes up. He has some magical way of knowing. Of course I'm tired and my back is sore from holding him while he gets to sleep.

When he's crying, sad or hurt I want to make it better. I want him to be OK. I want to make all the hurt in his world go away. Isn't that what moms are supposed to do?

I couldn't imagine a parent ever adding to that hurt. But it happens.

Thousands of children are injured or killed as a result of child abuse every year worldwide.

According to the American Medical Association, there are 1.7 million reports of child abuse each year in the United States. Of those, there are 140,000 injuries to children from abuse

each year. On average, 1,500 children die each year from abuse.

Since Fiscal Year 2002 there have been 41 substantiated reports of child abuse at Lajes.

Children are vulnerable to abuse for many reasons, including their dependency, small size and inability to defend themselves.

Abuse can happen for many reasons. Some parents may be frustrated at work and take it out on their child. Sometimes when alcohol is involved, parents may lose control. A child may break something that has value to a parent and the parent acts out by spanking the child too hard or for too long, explained Senior Airman Nikki Smith, family advocacy.

Parents punish out of anger, said Captain Miller.

One of the things that can help parents is knowing and understanding the normal growth and development of children, stressed the captain.

"Babies cry," she said. When parents can understand that at this age this is a normal stage like when 2-year-olds say "no," it can help put things in perspective.

See **ABUSE** continued on page 7

*Children are vulnerable to abuse for many reasons, including their dependency, small size and inability to defend themselves.*

## Twelve alternatives to lashing out at your child

*The next time everyday pressures build up to the point where you feel like lashing out — STOP!*

*Try any of these simple alternatives. You'll feel better ... and so will your child.*

- Take a deep breath... and another. Then remember you are the adult.
- Close your eyes and imagine you're hearing what your child is about to hear.
- Press your lips together and count to 10... or better yet, to 20.
- Put *your child* in a time-out chair (remember this rule: one time-out minute for each year of age.)

- Put *yourself* in a time-out chair. Think about why you are angry: is it your child, or is your child simply a convenient target for your anger?
- Phone a friend.
- If someone can watch the children, go outside and take a walk.
- Take a hot bath or splash cold water on your face.
- Hug a pillow.
- Turn on some music. Maybe even sing along.
- Pick up a pencil and write down as many helpful words as you can think of. Save the list.
- Call for prevention information: 295 575 177 or 535-5177.

*Courtesy of [www.preventchildabuse.org](http://www.preventchildabuse.org)*



## Types of child abuse

- Physical: non-accidental physical acts against a child that cause major/minor physical injury
- Emotional: pattern of active, intentional berating, disparaging acts towards a child affecting the child's psychological well-being
- Sexual: all sexual activity between an offender and a child, when the offender is in a position of power over the child
- Neglect: most reported form of abuse and involves deprivation of basic needs, educational or medical neglect, lack of supervision, abandonment

## Indicators of physical abuse

- Physical indicators: unexplained bruises/welts, unexplained burns, lacerations, abrasions, human bite marks, pinch marks, pressure bruises, choke marks, injuries reported as due to falling but which do not include hands/knees/forehead, bruises on fatty part of body.
- Behavioral indicators: afraid to go home, avoids adults, requests severe punishment, cries constantly, sits and stares, unbelievable explanations, parent unconcerned/uncaring for child, parental delay in seeking health care, parents with unrealistic expectations, parent indicates they do not want/are burdened by child.



## ABUSE continued from page 6

tive.

Other people can help prevent abuse by recognizing neighbors or friends who may be under stress. "Someone you may know may be struggling with his or her parenting responsibilities," Airman Smith said. "Offer a sympathetic ear or a helping hand." Offering to baby-sit once in a while for a parent who may be stressed out could make a difference.

A book I'm reading, *Secrets of the Baby Whisperer for Toddlers* had a message that stood out to me. The author, Tracy Hogg, said parents who hit their children are bullies. At first I thought this was extreme, but it made sense. Children aren't strong enough to fight back or defend themselves. Remember the big kids on the playground picking on the little kids? Imagine a parent sometimes five and six times the size of the child hitting them.

In addition to the physical pain, the author goes on about the message hitting children sends.

She explains that parents teach children not to hit each other, yet by using any form of violence, parents teach their children it is OK to hit when we are frustrated and lose control.

Studies have shown that abusive behavior is often cyclical, and many health and developmental problems in early childhood can lead to behavioral, educational, and psycho-emotional problems in later adolescence and adulthood, which could lead to the recurrence of abusive behavior.

"There are many resources available on base to help deal with problems which may be going on and coping skills to help with every situation," explained Airman Smith.

"If anyone suspects abuse, it is important to report any suspicions to the proper authorities so the problem does not continue," she stressed.

Because we don't have Child Protective Services here, family advocacy relies even more so on the commu-

nity to help prevent and report abuse.

To report suspected abuse, call the Security Defense Control Center at 535-3222 or family advocacy at 535-5177.

Child Abuse Prevention Month is when we officially recognize abuse and what we can do to prevent it.

Remember, children can't always communicate the way they feel and their behavior, although frustrating, may be normal behavior for their age.

My son is a toddler now, but he still cries when he is hurt, angry or sad.

The way I look at it is one day Kyle is going to be too big and not want me to hold him any more. The time I can hold him now is special. Even if it is at 2 a.m.

I cherish the moments when my son lifts up his pant leg so I can kiss the owie on his knee. It's special when I kiss it and he looks into my eyes and tells me, "All better." I made it better.

## Effects of Domestic Violence on Children

•**Infants** – sleep disturbance, eating disturbance, continual fussing and crying, inability to be comforted, easily startled, easily irritated, listlessness.

•**Toddlers/Pre-schoolers** – physical complaints, difficulty going to bed, nightmares, inability to be comforted, slow motor responses, sadness, meanness, cursing, inability to separate from parents (pre-schoolers), not knowing when/how to play.

•**Elementary age** – difficulty concentrating, inability to complete homework/tasks, drop in grades/low grades, difficulty following directions, frequent bathroom trips, hiding, extreme shyness/fearfulness of adults, excessive talking, school phobia, regressive behaviors, bullying, cruelty to animals/smaller children, acting out.

•**Adolescents** – property destruction, self-destructive behavior, physical complaints, cruelty to animals/smaller children, truancy, fighting, running away, drug/alcohol abuse, suicidal talk, nightmares, carrying weapons, depression, sleep disorders, eating disorders, nervousness, isolation, lack of involvement, obsessive/compulsive behaviors.



## Azores archipelago

*Ed highlights each of nine islands continuing with Faial*

By Ed Lima

Community Relations adviser

*This is the seventh of a series of articles on all of the nine islands which form the Azorean archipelago.*

### ***Faial***

Shaped like an irregular pentagon, with an area of 67 square miles, the Island of Faial is one of the most charming islands of the Azores and most visited by tourists, especially yachtsmen.

With a population of approximately 15,000 people, Faial features a beautiful landscape and characteristic villages.

The island was discovered during the first half of the 15th century, although it appeared on early maps and charts with the name "Insule of Venture."

It was settled around 1460. A few years later a group of Flemish, led by nobleman named Josse Van Huerter, settled on island. Its main town, the City of Horta, is probably the Portuguese translation of this Flemish settler's name.

Even though the number of Portuguese settlers was greater, the Flemish community numbered about 1,500 by 1490.

The Spanish also occupied the island in 1583 despite strong resistance by the island defenders who were reinforced by French troops. Faial also took an active part in the internal struggles between the liberals and absolutists movements in the 19th century.

Until about 1860, Faial's position in the Atlantic and the existence of its sheltered port attracted cargo boats (engaged in the orange trade) and American whalers, which stopped there for supplies. The city of Horta was an important center for underwater cable links between North America and Europe during the first half of the 20th century.

The city also took part in the pioneer period of aviation, serving as one stop for the first transatlantic flight in 1919, as well as a landing site for Pan American dirigibles from 1939 to 1945. A naval base during both world wars, Horta was also one of the ports used by the Allied fleet at the time of invasion of Normandy in 1944.



*The Capelinhos Lighthouse is scheduled to be remodeled this year. It was damaged during a volcanic eruption in 1957. (Courtesy photo)*

Today, Faial is a developing island with an economy based on agriculture, dairy industry, fishing and trade. The construction of a marina inside the port of Horta, with capacity for more than 120 yachts, has contributed to the island's development as well.

The City of Horta, one of the centers of the Regional Government's administration and the seat of the Azorean Parliament, is also the head of the district, which includes all of the island's 13 parishes.

The city, considered the yachtsman's paradise, celebrates its anniversary every year on July 4 with musical concerts and a fireworks display.

One of the city's world-renowned spots is Peter's Café. This bar is famous for its gin with tonic water, and is a mandatory stopping point to all tourists and yachtsmen that visit the city.

As I mentioned earlier, Faial has a beautiful landscape. Caldeira, the volcanic cone that dominates the island, features a wide, deep crater and a small pond surrounded by blue hydrangeas and luxuriant vegetation. Cabeço Gordo, the island's highest point with an altitude of approximately 3,280 feet, offers a magnificent view of Faial, Pico, São Jorge and sometimes Graciosa.

One of the most prominent tourist attractions on the islands is Ponta dos Capelinhos, the site of a volcanic eruption, which occurred in 1957 and completely destroyed the nearby village leaving hundreds homeless. The

lighthouse of Capelinhos, which remained for nearly half a century amidst the volcanic ash that covers what used to be fields and homes, will soon be rebuilt by the regional government.

In addition to the sites I just mentioned, there are other villages around the island that are worth a visit. They are Praia do Almoxarife, Pedro Miguel, Salão, Cedros, Praia do Norte, Capelo; Varadouro, Castelo Branco and Feteira. Sadly, some of these villages, especially on the northeast side of the island, were partially destroyed by an earthquake July 9, 1998, but most of them have been rebuilt.

The largest tourist event of Faial is the "Sea Week Festival," which is held in Horta during the first week of August. The festival originated with the Portsmouth, England - Horta boat regatta in 1975. It features sailing, fishing and swimming competitions, as well as musical concerts.

Like the other Azorean islands, Faial can also be reached by boat or airplane. The regional airline SATA- Air Azores carries daily flights from Terceira and São Miguel. Round trip airfare from Terceira cost approximately 152 euros.

Ferry boats connect this island with the other central group islands almost on a daily basis between May and September. There also small ferryboats that travel between the Port of Horta and the nearby island of Pico several times a day.



## Portugal celebrates Day of Liberty

By Ed Lima

Community Relations adviser

The Portuguese people will commemorate one of their most meaningful holidays, the Day of Liberty, Tuesday.

This date commemorates the April 25, 1974 military coup that put an end to 47 years of right-wing dictatorship and unhappiness. The coup occurred when a group of Portuguese military officers overthrew the oppressive regime of Dr. Marcelo Caetano, who had replaced Dr. Antonio Salazar in 1968 due to a disabling illness.

The coup was known as the "Revolution of the Carnations" because the people placed carnations in the soldiers, sailors and

airmen's gun barrels and also because the revolution was marked by the absence of bloodshed or major violence. Only a small incident stained the coup when members of the secret police, DGS or PIDE, opened fire against civilian demonstrators causing a few casualties.

During the right-wing dictatorship period, the majority of the Portuguese people and military officials were discontent with the regime's political and economical situation at the time. Dissension grew worse with years of what some thought was a senseless war in the African colonies of Angola, Mozambique and Portuguese Guinea. It seemed to many that there were no possible solutions -

political or military - in sight.

Then a group of young captains planned the coup with the objective of giving democracy back to the people, ending the overseas war and allowing the people of those Portuguese African provinces the right to become independent and carry out their own destiny.

In the early morning hours of April 25, 1974, a previously banned protest song, entitled "Grandola, Vila Morena" was aired on a Portuguese radio station, giving the secret signal to the rebellious military to move toward the country's capital, Lisbon, and oust the government.

By the end of the day, the military calling themselves the Armed Forces Movement had defeated the forces loyal

to the old regime and offered the country a much-anticipated democracy.

As news of the coup spread, large crowds gathered in Lisbon and other cities around the country. People enthusiastically applauded the military members who put an end to a decrepit regime, giving hope for a brighter future.

The restoration of democracy, which had been taken in 1926 when the military dictatorship was instituted, opened the road to the independence of the former Portuguese colonies and also allowed the archipelagos of the Azores and Madeira to become autonomous regions and have their own governments, although respecting the national sovereignty.

## Security Forces blotter

April 11

LOCATION: T-4002/Equipment Shelter

Complainant entered the SDCC and reported damage to T-4002/Equipment Shelter. He arrived at T-4002 noticing damage to a lock on the exterior gate. He stated the lock appeared to have been beaten with a hard object to the extent where he had to completely break the lock to gain entry into the compound, and upon entry into the compound he found the re-enforcement plate to the door bent back and the door was unlocked. The replacement cost for the lock is approximately \$25. He conducted an inventory and found nothing to be missing.

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LOCATION: T-131/Enlisted dormitory

Complainant entered the SDCC to report persons unknown vandalized her vehicle at T-131. Unknown persons caused damage by slashing the vehicles' tires. Damage to the property consisted of four slashed tires.

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LOCATION: C-915/The SDCC  
Complainant entered the SDCC stating she had several items stolen out of her purse stolen including her wallet

and Common Access Card while at Twins in Angra.

April 17

LOCATION: T-131/Dormitory  
Complainant telephoned the SDCC and reported damage to T-131/Dormitory. She stated that she received a phone call stating there was damage in the laundry room of T-131 on the first floor. She was briefed that two Airmen had an argument. One went out to smoke and noticed the hole in the wall. No one saw anyone put the hole in the wall. SFS contacted the Airman and conducted rights advisement in accordance with Article 31 of the UCMJ for Article 108 Damage to Government Property. The Airman declined legal counsel and elected to make a sworn statement. He stated he did not in any way cause the damage to the facility. The damage consisted of a hole which was approximately 12" in circumference. The event is under investigation.

April 18

LOCATION: Porto Martins  
Complainant telephoned SDCC to report his bed mattress was stolen from his private dwelling. He was directed to contact PSP to report the crime. He was then told to call SDCC with the report number.

## 5K Relay challenge run

The Lajes High School Athletic Booster Club is hosting a 5K Relay Challenge Run April 29.

Each 4-person team will be asked to collect pledges (\$40 minimum to enter).

The winning team not only has bragging rights, but they are entitled to keep all the pledges they collected as well.

The remaining pledges will be used to off-set the students personal cost of traveling off island to participate in high school tournaments throughout Europe.

If your squadron thinks they have the fastest runners and is looking for a "fundraiser" that isn't counted against them - sign up and come on out!



## Comm 3 rolls their way to base, intramural bowling champs

**By Staff Sgt.  
Christin Michaud**  
65th ABW Public Affairs

Lajes' best bowlers were recognized after 28 weeks of competition.

More than 150 bowlers and 20 teams began the season in September.

"We had a great turnout," said Todd Katz, Lajes Bowling Association President and League secretary and treasurer.

The top three teams for the league were Comm 3, AMS 2 and OSS 2.

The top eight teams moved on to roll-offs and a single elimination tournament. The base champion from the roll-offs was Comm 3 and the runner up was SMAC.

"It's great to come out on top," said Joe Keys, bowler for Comm 3. "We had a few rough nights bowling, in the end we always managed to put it together when it really counted. When one person was weak someone else would step up and carry them on their back."

Each team consisted of five bowlers with back ups to cover TDYs and PCSs during the bowling season.

Intramural bowling is a chance to have fun with coworkers and meet members from different units, according Keys. "It relieves stress also."

"It was great just to get out there and bowl," said Sharla Riley, also from the top team this season, "but I would be lying if I didn't say winning is a great bonus."

Comm 3 captured the title, but their Comm counterparts weren't far behind.

Comm Ladies was the most improved team this season.

"Their team was made



*The top eight teams compete during the intramural bowling league roll-off championships April 11.*

up of all women from Comm and they did awesome," said Katz.

"The CS ladies really made some noise in the league and deserve something for their accomplishment of having an all ladies team and almost winning the championship," added Keys.

Other notable accomplishments include some individual scores.

"We had some great scores from Tommy Nixon, Andy McKendree, Doug Threath and Michelle Hodges," Katz said.

High average was Todd Katz with 182 and Michelle Hodges with 167.

The most improved bowlers during the season were James Ellison who added 10 points and Carla Wall who added 13.

Scores were calculated using a 100-percent handicap. The handicap was the difference of a bowlers average and 200. Bowlers used those pins every game.

"It was great long season and every team was close in



*Kris Powers tries to work his bowling magic. Powers bowls for the CES 3 team, which placed seventh this season. (Photos by Guido Melo)*

the runnings," said Joe Keys. "The 65th CS was represented well. We had to play our CS ladies team to win the championship. It was close and went down to the wire the alley was quiet and everyone was watching us battle."

Keys said what he likes about bowling was the "white pins, glossy wood

panel, and most of all strikes."

Riley agreed. "Strikes are the best part."

"I love the competition," Katz said. After 30 years of bowling it's still just as much fun as it was when I started. We had a great season and are looking forward to next year."



# PLANNER



## Hours of operation

**Ocean Front BX** (Bldg. T-207) Phone: 535-3444

Monday-Wednesday 10 a.m. to 6 p.m.; Thursday-Saturday 10 a.m. to 8 p.m.; and Sunday 10 a.m. to 8 p.m.

**Flight View BX** (Bldg. T-627) Phone: 535-5236

Monday-Wednesday 10 a.m. to 6 p.m.; Thursday-Saturday 10 a.m. to 8 p.m., Sunday 10 a.m. to 5 p.m.

**Main Street Shopette** (Bldg. T-323) Phone: 535-3280

Monday-Friday 7:30 a.m. to 11 p.m.; Saturday 9 a.m. to 11 p.m. and Sunday 10 a.m. to 8 p.m.

## Military Clothing

**Sales Store** (Bldg. T-627) Phone: 535-3816

Sunday-Monday closed; Tuesday - Saturday 10 a.m. to 6 p.m.

**Car Care Center** (Bldg. T-320) Phone: 535-5125

Sunday 10 a.m. to 5 p.m.; Monday-Saturday 10 a.m. to 6 p.m.

**Furniture Store** (Bldg. T-800)

Wednesday-Friday noon to 5 p.m.; Saturday 10 a.m. to 5 p.m.

**Reel Time Theater** (Bldg. T-300) Phone: 535-4100

Showings Wednesday-Sunday

**Beauty Shop** (Bldg. T-400) (Walk-In Available) Phone: 535-4124

Sunday-Monday closed;

Tuesday-Saturday 10 a.m. to 6 p.m.

**Barber Shop** (Bldg. T-400) Phone: 535-3396

Sunday and Monday closed; Tuesday-Friday 9:30 a.m. to 6 p.m.; Saturday 8:30 a.m. to 5 p.m.

**New Car Sales** (Bldg. T-202) Phone: 535-3173

Monday-Wednesday 10 a.m. to 6 p.m.; Thursday-Friday noon to 8 p.m.

**Air Terminal Gift Shop** (Bldg. T-612) Phone: 535-3227

**AAFES Administrative Offices** (Bldg. T-800) Phone: 535-3209

Monday-Friday 8 a.m. to 5 p.m.

**Ilha Rent-a-Car** (Bldg. T-207) Phone: 535-1278

Sunday closed; Monday-

Saturday 9 a.m. to 6 p.m.

**Frank's Franks** (Bldg. T-207) Phone: 535-1123

Monday-Sunday 11 a.m. to 6 p.m.

**Vescovi Coffee Shop** (Bldg. T-207) Phone: 535-1123

Monday-Sunday 7 a.m. to 6 p.m.

**Burger King** (Bldg. T-169) Phone: 535-3849

Monday-Thursday 7 a.m. to 9 p.m.; Friday-Saturday 7 a.m. to 11 p.m.; and Sunday 8 a.m. to 9 p.m.

AAFES Ocean View BX and Flight View BX are open on Portuguese Holidays from 10 a.m. to 5 p.m., except the shopette, which is open 10 a.m. to 8 p.m. All facilities are open normal hours on U.S. holidays.

## Tradewinds Dining Facility Menu

### Today

**Lunch:** Seafood Newburg, Beef and Corn Pie and Roast Turkey\*

**Dinner:** Simmered Corn Beef,\* Pineapple Chicken and Yankee Pot Roast

### Saturday

**Brunch:** Swedish Meatballs and Creole Fish\*

**Dinner:** Baked Fish,\* Hungarian Goulash and BBQ Chicken

### Sunday

**Brunch:** Oven Fried Fish,\* Cantonese Spare-ribs and Grilled Mustard Chicken Breast\*

**Dinner:** Stir Fry Beef and Broccoli\* and Turkey Nuggets

### Monday

**Lunch:** Pot Roast, Baked Stuffed Fish\* and Roast Loin of Pork\*

**Dinner:** Chili Mac,\* Beef Cannelloni and Southern Fried Chicken

### Tuesday

**Lunch:** Teriyaki Chicken,\* Veal Parmesan and Tuna and Noodle casserole

**Dinner:** Country Captain Chicken,\* Meatloaf and Turkey A La King

### Wednesday

**Lunch:** BBQ Ham Steak,\* Turkey and Noodles and Beef Stroganoff

**Dinner:** Lemon- Herb Chicken,\* BBQ Spareribs and Stuffed Pork Chops

### Thursday

**Lunch:** **Cajun Meal** - Jambalaya, Cajun Baked Fish\* and Cajun Meatloaf

**Dinner:** Roast Pork,\* Jaeger schnitzel and Glazed Cornish Hens

\*Denotes Healthy Heart item  
Menu subject to change

## At the Movies

**Today: 7 p.m. - Eight**

**Below** starring Paul Walker, Jason Briggs

Inspired by a true story, **Eight Below** is an action-adventure about loyalty and the bonds of friendship set in the extreme wilderness of Antarctica. The film tells the story of three members of a scientific expedition: Jerry Shepard, his best friend, Cooper, and a rugged American geologist, who are forced to leave behind their team of beloved sled dogs due to a sudden accident and perilous weather conditions in Antarctica. Rated PG (peril, language) 120 min.



**Today: 10 p.m. -**

**Freedomland** starring Julianne Moore and Samuel L. Jackson

A white woman blames an African-American man for the death of her son, but a white reporter and an African-Ameri-

can detective think otherwise. Rated R (language, violent content) 113 min.

**Saturday: 7 p.m. Date**

**Movie** starring Alyson Hannigan, Adam Campbell

The story of hopeless romantic Julia Jones, who has finally met the man of her dreams, the very British Grant Fonckyerdoder. But before they can have their Big Fat Greek Wedding, they'll have to Meet the Parents, hook-up with The Wedding Planner, and contend with Grant's friend Andy - a spectacularly beautiful woman who wants to put an end to her Best Friend's Wedding. Rated PG-13 (crude/sexual humor, language) 83 min.

**Sunday: 2 p.m. - Eight**

**Below; 7 p.m. Date Movie**  
**Wednesday: 7 p.m. - Freedomland**

**Thursday: 7 p.m. - Date Movie**

*Movies subject to change.  
For updated listings, call 535-3302. For more information on ratings, visit [www.aafes.com](http://www.aafes.com).*





# EVENTS

Submission deadline is Thursday one week prior to publication. E-mail announcements in normal text with event, location, date, time, point of contact's full name and phone number/e-mail address to [news@lajes.af.mil](mailto:news@lajes.af.mil).

## Miscellaneous

**Murder Mystery Dinner:** The Enlisted Spouses Club is sponsoring a Mystery Dinner Theater 7 p.m. Saturday in the Top of the Rock Club ballroom. The event will include dinner, audience interaction, and maybe a murder or two.

Guests will be transported back in time to 1985 for the wedding of Brandy, a rich Valley girl and Cooter, the poor trailer park boy.

Guests should wear 80s attire. Not sure what to wear? ESC will have an outlet and makeover booth at the TORC, beginning at 6 p.m. There will be T-shirts, accessories and more available for purchase.

Tickets are \$25 and include dinner. For more information, call Kim Pate at 295-549-250.

**Children's Art Auction:** The Lajes Youth Program and Child Development Center will host the 8th Annual Art Auction April 29 at the Community Activity Center. Viewing begins at 1 p.m. and bidding will start at 2 p.m. Tickets will be sold in advance at either center or at the door. Cost is \$2 for adults and children are free.

There will be a raffle drawing and door prizes. Refreshments will be provided. For more information, call Heather Thompson at 535-3134 or Staff Sgt. Christin Michaud at 535-3347.

**Thrift shop:** PCSing soon? Not sure what to do with all those extra items you've accumulated, the Lajes thrift shop is the answer. Consider consigning items at the Lajes Thrift Shop. The thrift shop also accepts items for donation. The thrift shop is open Mondays, Wednesdays, Fridays and the third Saturday of the month from 10 a.m. to 2 p.m.

## Education

**Central Texas College:** Central Texas College is offering onsite Criminal Justice classes. For more information, call 535-6722.

**Oklahoma University classes:** The Masters of Hu-

man Relations degree program with University of Oklahoma is a 36-credit hour, non-thesis degree that can be completed within 16-24 months.

For more information call 535-3171 or stop by Bldg. T-146, room 214.

## Jobs/Volunteer

**Thrift Shop Coordinator:** The thrift shop is looking for an Enlisted Spouses Club or Officer Spouses Club member to fill the Thrift Shop Coordinator position by June 1. This is a paid position, with lots of perks. For information or to apply, call Jane at 535-3567.

**Thrift Shop Bookkeeper:** The thrift shop is looking for an Enlisted Spouses Club or Officer Spouses Club member to fill the Thrift Shop Bookkeeper position. This is a paid position. For information or to apply, contact Jane at 535-3567. This position needs to be filled by July 1.

**Girl Scout Committee Chair:** A volunteer opportunity for a Terceira Island Girl Scouts Overseas Committee Chair position is open. Applicants need strong management, organizational and leadership skills. Requires application, interview and training (provided in Germany May 5-7). Some Girl Scout experience is helpful, but not mandatory. OCC oversees all Girl Scout activity on Terceira including Overseas Committee Management Team, leaders and troops. Applicants must have one year retainability and cannot be a troop leader while holding the position. Interested applicants can call Toni Leonard at 295-549-514 or Lin Earp at 295-549-711.

**Extreme Makeover volunteers:** The Lajes Youth Program is undergoing an extreme makeover through May 24. Volunteers are needed to help build, paint, and more.

Volunteer opportunities will be Monday through Friday 9 a.m. to 8 p.m.; Saturday 8 a.m. to 10 p.m. and Sunday 1 to 8 p.m.

For more information, call Master Sgt. Tony Flowers at

91-896-3381 or e-mail him at [tony.flowers@lajes.af.mil](mailto:tony.flowers@lajes.af.mil).

**Automotive instructors:** Central Texas College is seeking applications for Automotive Instructors who have an Associates degree or higher and a minimum of five years' work experience in the maintenance field or a Bachelor's degree and a minimum of three years work experience in the maintenance field. For more information, call 535-6722.

**Services vacancies:** The 65th Services Squadron vacancy listing is available at the human resources office in building T-112 between 9 a.m. and 4 p.m. Monday through Friday. For details, call 295-575-200 or 535-5200.

## Chapel

**New Creation Café:** 7 p.m. today at Eddies Place; **Little Flowers Girls' Club:** 3 p.m. Monday at T-1415B; **SUM Dinner** hosted by Logistics Readiness Squadron: 5:30 p.m. Thursday at the Chapel; **Children and Youth Movie Night:** 6 p.m. April 28 at the chapel.

For more information on chapel events, call 535-4211.

## Library

**Story Hour** is every Friday at 3 p.m. in the childrens' room in the base library.

**Sleepytime story hour** is scheduled for 7 p.m. today. Children can come dressed in their pajamas with their teddy and blanket.

**Bookmark contest:** The USAFE-wide bookmark design contest is open to children from kindergarten to 12th grade. It ends April 30.

## DoDDS

**Parent Forum:** Lajes American Schools will hold its Parent Forum on 11:30 a.m. to 12:30 p.m. April 27 in Bldg. T-234 in the Student Center. Maj. John Griffiths, 65th Security Forces Squadron will talk about the volunteer Crossing Guard Program and the benefits of being a part of this program.

## Classified Ads

E-mail ads to [news@lajes.af.mil](mailto:news@lajes.af.mil). Ads are due by 5 p.m. Friday. Please remember to notify the Crossroads when items have been sold.

For sale: 1993 Golf CL - Great Island car and has been the source of many hours of driving and touring fun around the island. 146,000 kms (Approx 91k miles), Inspection until Feb 07, base pass until Mar 07, new tires (approx 250 miles), new catalytic converter, new brakes, new windshield. Recent tune up. Kenwood Deck with many extras. Asking \$1500. Serious inquiries only. Call 918-516-829 to schedule a test drive.

For sale: 1992 Toyota Tercel, Car runs great! Only minor rust and no major problems. Car will be available sometime between May - July as I will be getting short notice orders. Will sell for \$1200. Call 295-549-601 for more info.

For sale: Baby Crib, excellent condition - \$75; Fisher Price high chair - \$25; Graco stroller and car seat travel set, comes with car seat base - \$60; Jeep Liberty stroller - \$70; Fisher Price Intellatainer, teaches numbers and letters and sounds - \$40; Winnie the Pooh Classic Crib set, complete and with extras - \$25. Please call 295-549-601 for more info.

For sale: 1995 Renault Clio, 4 door, 1.2 liter, 5 speed, power windows, AM/FM cassette, low mileage, new tires, new rear brakes. No rust! Reliable! This is not an island bomb. Call Andy at 964-297-606 or home at 295-549-741. \$3500.

Wanted: Looking to buy an automatic car. Please call 295-516-998

Wanted: Bagpipe player with pipes available to participate in wing events in May and June. Contact Liam Clancy at 535-2325, or Jared Bickham at 535-5233.

For sale: Digital Camera: Sony P-31 w/ 128MB. \$75 obo; Projector: BenQ PB6200. Excellent condition! \$700 obo; 17" & 19" monitors: not quite perfect. \$15 ea. obo; TI-89 Graphing Calc: great shape! \$75; 19" TV: \$30 obo E-mail [gregory.cooper@lajes.af.mil](mailto:gregory.cooper@lajes.af.mil), or call 295-549-818, 967-065-230

For Sale: Large 44" Satellite Dish. See all your AFN channels. Almost new, used for only 2 months, \$100. Call 295-549-272

For Sale: Evenflo Stroller/Car Seat Combo for 5-22 lbs. \$50; Bassinet \$20; Entertainment Center fits 32" TV \$75; Booster Seat for 30-80 lbs. \$20; Dirt Devil Vacuum \$10; Call James or Danielle at 295-549-541 or 962-074-116. PCS'ing soon. Prices negotiable.

For Sale: Forever Mine-Crib, mattress and chest of drawers \$150 OBO; dehumidifier \$35 OBO; Graco playpen w/carrying case \$50 OBO; changing table \$20 OBO Call 295-549-485

Wanted: Drummer for established Rock Band. No Kit Necessary! Call Steve at 295-549-733

For Sale: 2000 KTM Duke II. 3969.5 miles, 640cc's. \$4,000 or best offer. For details, e-mail [Corsicav83@hotmail.com](mailto:Corsicav83@hotmail.com)

Nanny available: Highly dependable, outstanding on taking care of your children and domestic help. I'm also well known by the management at the CDC. I have reliable transportation, access to the interior of the base and a good command of the English language. Feel free to contact me (Mrs. Judy): 295-517-014 or 962356981

For sale: 27" JVC television \$275 Call David at 535-1422 or 295-543-111.

For sale: Fire and Ice Portable Gas Grill with extra propane tank. Teflon cooking surface and built-in cooler. Clean and rust free. \$100. Call Andy at 964-297-606 or home at 295-549-741

For Sale large Amana microwave \$25, call 295-549-512

Babysitting on weekend nights; will babysit 3 years of age or higher; I am 14 and have taken the babysitter course for CPR/first aid; experience with children; Call Brandon at 295-549-579